

Healthy Smiles Dental

Matthew T. Kingston, DMD

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Matthew T. Kingston, CV/Bio

Dr. Matthew Kingston was conferred the Doctorate of Medical Dentistry (DMD) degree from Temple University School of Dentistry in 2001. Due to excellence exhibited in both his clinical and didactic skills, Dr. Kingston was recognized as an Honors Graduate from the dental program. In addition, he was elected to membership in several honor and academic societies, including the Oral Surgery Honor society, the Stomatognathic honor society, the Alpha Omega dental fraternity, and the Dean's list for all four years. Dr. Kingston also holds a B.S. with Honors in Biology from the University of Richmond in Virginia.

Immediately following graduation from dental school, Dr. Kingston entered private practice in Ambler, PA as a general and restorative dentist. In 2005 he moved to Lancaster with his family and continued to practice general, cosmetic and restorative dentistry. During his time as an associate dentist, he proactively pursued additional training in the mastery of the many disciplines of dentistry. Some of these highlights include:

- Endodontics: Advanced training in the art of endodontics (root canal therapy).
- Certified Invisalign® training: Dr. Kingston has been a certified provider of Invisalign® since 2003.
- Cosmetic Dentistry: The placement of porcelain veneers and cosmetic bonding.
- Advanced Restorative Training: Dr. Kingston has taken over 100 hours of additional training in the placement of porcelain crowns and the use of tooth colored fillings.
- Implant Dentistry: Dr. Kingston has received training in the planning, implementation, and restoration of dental implants.
- Dr. Kingston completed over 130 hours of coursework and training at the prestigious Scottsdale Center for Dentistry in Arizona where he had the opportunity to train with some of the most celebrated dental practitioners in the country.

Dr. Kingston opened Healthy Smiles Dental with the continued goal of serving the dental needs of the Lancaster, PA community. His vision for Healthy Smiles Dental is to care for the dental needs of his patients, while educating them about the strong link between maintaining good oral health and long-term overall health.

Dr. Kingston is a member of multiple dental organizations and study groups that are dedicated to the advanced study of the multiple disciplines of dentistry. Some of these include:

- The American Dental Association
- The Academy of General Dentistry
- The Pennsylvania Dental Association
- The Lancaster Dental Society
- The Lancaster County Dental Implant Study Club

In addition to the practice of dentistry, Dr. Kingston enjoys spending time with his wife, Claire, and his four children. He and his wife are dedicated runners who have enjoyed a daily run together since 1993. He is an active member in his church and participates enthusiastically in the activities of his children.